

DON'T WAIT
 IN LINE...

**REGISTER
 ONLINE!**

SCAN ME



& GET YOUR
TICKETS TODAY

FITNESS PROGRAM November 2024

HOHENFELS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	28 Yoga 11:45-12:45	29 Yoga 10:00-11:00 Tabata HIIT NO CLASS	30 Yoga 17:15-18:15	31 Circuit Bootcamp NO CLASS	1	2
3	4	5 Yoga 10:00-11:00 Tabata HIIT NO CLASS	6 Yoga 17:15-18:15	7 Circuit Bootcamp 11:45-12:45	8 Holiday Hours 0800-1600	9
10	11 Veterans Day CLOSED	12 Yoga 10:00-11:00 Tabata HIIT 11:45-12:45	13 Yoga 17:15-18:15	14 Circuit Bootcamp 11:45-12:45	15	16
17	18	19 Yoga NO CLASS Tabata HIIT 11:45-12:45	20 Yoga 17:15-18:15	21 Circuit Bootcamp NO CLASS	22	23 Turkey Trot 5k/10K
24	25	26 Yoga NO CLASS Tabata HIIT NO CLASS	27	28 Thanksgiving CLOSED	29 Holiday Hours 0800-1600	30

HOHENFELS.ARMYMWR.COM/FITNESS