

MAY 2025

HOHENFELS FITNESS PROGRAM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29 Soldier Conditioning NO CLASS Tabata HIIT NO CLASS	30	1 Soldier Conditioning 0645-0745 Circuit Bootcamp 0900-1000	2	3
5	6 Soldier Conditioning 0645-0745 Tabata HIIT 0900-1000	7	8 Soldier Conditioning 0645-0745 Circuit Bootcamp 0900-1000	9	10
12	13 Soldier Conditioning 0645-0745 Tabata HIIT 0900-1000	14	15 Soldier Conditioning 0645-0745 Circuit Bootcamp 0900-1000	16	17
19	20 Soldier Conditioning 0645-0745 Tabata HIIT 0900-1000	21	22 Soldier Conditioning 0645-0745 Circuit Bootcamp 0900-1000	23 Holiday Hours 0800-1600	24
26 Memorial Day Closed	27 Soldier Conditioning 0645-0745 Tabata HIIT 0900-1000	28	29 Soldier Conditioning 0645-0745 Circuit Bootcamp 0900-1000	30	31



SCAN FOR MORE INFORMATION & TICKETS VISIT:
HOHENFELS.ARMYMWR.COM/FITNESS