



www.Hohenfels.ArmyMWR.com

EVERYBODY NEEDS BALANCE.



MASSAGE THERAPY

Massage therapy, also known as Swedish massage, is the most common form of therapy in the United States.



PROFESSIONAL THERAPISTS

Our Professional Massage Therapists use long, smooth strokes, kneading and other movements focused on superficial layers of muscle using massage oil or lotion.



REBUILD AND RESTORE

Perfect for back pain, stress relief, headaches, muscle relief, circulatory & respiratory problems, relaxation and muscle tension.

HOT STONE / SWEDISH MASSAGE / DEEP TISSUE MASSAGE / SPORTS MASSAGE / PRENATAL MASSAGE

1 Hour Massage - \$50
30 Minute Massage - \$30
15 Minute Chair Massage - \$15

(Ask about Aroma Therapy, Hot Stones and other available special additions.)



Hohenfels Post Gym, Bldg. 88
DSN 466-2883, CIV 09472-83-2883

FOR SOLDIERS

FOR FAMILIES

FOR RETIREEES

FOR CIVILIANS